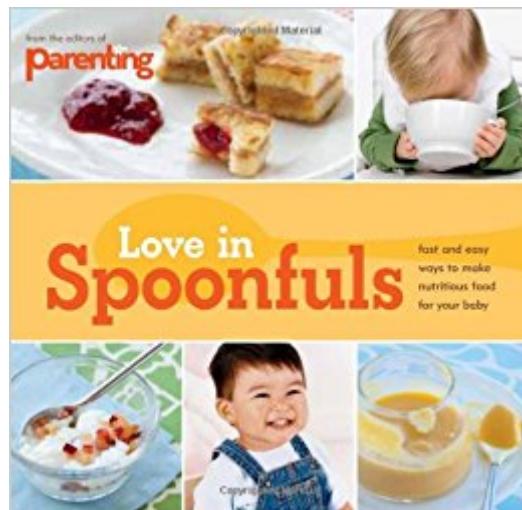


The book was found

Parenting: Love In Spoonfuls



Synopsis

From the experts at Parenting magazine comes this essential resource for parents looking to create a menu of easy, tasty, and nourishing meals for baby. Featuring 75 recipes for children aged 6 months to 2 years, Love in Spoonfuls grows with baby and offers a wide variety of tastes and textures from baby's first purees and bites, to more sophisticated flavors like Baby Bolognese or Flaked Fish with Leeks and Carrots. Gorgeously photographed, and packed with tips, tricks, creative mealtime ideas, and solutions for picky eaters, this is the ultimate family cookbook for new parents.

Book Information

Paperback: 160 pages

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Average Customer Review: 4.5 out of 5 stars 47 customer reviews

Best Sellers Rank: #760,770 in Books (See Top 100 in Books) #130 in Books > Cookbooks, Food & Wine > Special Diet > Baby Food #1591 in Books > Parenting & Relationships > Parenting > Early Childhood

Customer Reviews

Parenting magazine is the leading source for parents looking for advice on how to raise a happy, healthy child. The magazine has 2 million subscribers and a Web site that receives over 5.5 million monthly page views.

a great book for new moms who wants to feed his baby homemade food but totally have no clue on the what and how. i got this book a bit late (my baby's almost 10mo now) and while he's still toothless he been an eager eater. the recipes on this book is easy to prepare and quite yummy too. i've made the salmon patties (they're so good i made 2 batches and ate half of them myself), french toast, and planning to make the meatballs and veggie pancakes today. it's quite surprising how delicious the food came out considering they don't use sugar/salt in them. this book also tells you how to freeze the prepared food. too bad the delicious looking ones are usually not freezer friendly,

but seeing how fast my baby gobbled it, i might not have leftovers to freeze.

I bought this book for all the new mommies before me and was excited when I could finally get one for myself. All the foods look so good that I even want to eat it. I haven't made all the foods yet, but it provides an easy to read guide and explains things that you can and can't start feeding your baby at certain ages. A perfect book for a new mom who wants to provide the best foods for their little one!If you're looking for some advice on other baby registry essentials, check out AllMomsArePerfect dot com. You'll get the lowdown on what you really need and what you could save to buy later or avoid completely.

My baby had just started eating table foods but I still didn't feel quite comfortable giving her exactly what we were eating. She ate a lot of Gerber raviolis while mom tried to figure out what to start giving her. This book just really helped me out by giving me ideas. The recipes are simple and some of the recipes used canned foods and frozen veggies, things that can be readily available. Most of the recipes only take 10-25 minutes to make. I like that I can usually just make whats good for baby in bulk for the rest of the family too. For someone who really was clueless and didn't have much time this book has been really helpful.

Parenting: Love in Spoonfuls! I absolutely love this cookbook! I wish I had found it sooner, when my baby was younger. He is now 14 months old and thanks to the ideas that I get from this book, he's enjoying a variety of yummy foods!It's colorful, easy and fun, with useful information (like storing and freezing tips). I used to feed my baby jar/commercial foods before, not anymore! I feel like I've accomplished something every time my baby enjoys a healthy meal. The recipes are great for toddlers and older kids as well. Thanks Parenting Magazine!

I love cookbooks that have great pictures, and this one does. I have had trouble coming up with toddler meals in the past, but the recipes in this book have helped make it seem so easy now. I highly recommend this cookbook.

My daughter recently turned one and im having a hard time figuring out what healthy things to feed her. I don't cook in our home (my husband is the chef) so I am so stupid when it comes to coming up with meal ideas. This book has helped SOO much! I love the pictures and the easy read that it is. I highly recommend this for anyone but especially for those mom's who are cooking impaired like

myself :-p

This book offers simple recipes and food combination ideas for baby's first year of eating. It also gives tips and information about nutrition and the best ways of introducing different foods. I'd definitely recommend this for first-time moms. I've even considered it as a baby gift...

This book was awesome! It made it SO easy to make meals for our little one and prepare meals in advance. Not only does it provide healthy recipes, it allows the new parents to save a bundle of money over buying baby food in jars and pouches. I highly recommend this book to EVERYONE!

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